

develop your chosen profession, and to raise it to a still higher plane.

Lastly, permit me to remind you that on the lips of Solomon's "virtuous woman," whom we do well to take as a model, was the law of kindness. The world is athirst for kindness. Offer it in abundance, just acts of grace. Little unremembered acts like jewels, tiny jewels, in a larger setting which we can all win and wear—the Crown of Service—a Crown for ever ennobled, because of its association with a Crown of Thorns.

ETHEL G. FENWICK.

Mrs. Bedford Fenwick deeply appreciated the honour when invited once again to deliver the "Watchword" at the International Congress of Nurses at Montreal, and is naturally very disappointed at being unable to do so in person.

Miss Margaret Breay, a Founder Member of the International Council of Nurses, will act as Mrs. Fenwick's representative, and will preside at the Evening Session to be held in the Forum, Montreal, and deliver the "Watchword" on July 9th.

In these material times it is well that the Nursing Profession should realise the joy and satisfaction of Service.

## THE KING COMES HOME.

### THE KING OF HEARTS.

The King, looking himself again, his face so kindly and smiling, came back to London, which he loves, on Monday, the 1st of July. Nothing could have exceeded the genuine delight of people of all classes, who thronged every available atom of space to get a glimpse of him. Flags, flowers, music, and hurrahs, greeted him all along the route, proclaiming him a veritable King of Hearts, and surrounded by children and grandchildren, together with the Queen, he bowed his pleasure from the balcony of the Palace.

### Royal Message of Thanks.

The following message from the King to his people was issued immediately after his return to London:—

**I wish to express my heartfelt gratitude for the affectionate and enthusiastic welcome I have received on returning after long months of illness to the capital of my Empire.**

(Signed) GEORGE R.I.

Thousands of "his people" from overseas and people from foreign lands took part in the welcome, and it was well that one and all should see the genuine affection in which King George V is held by those who know him best, and realise his wonderful sense of duty, and greatness of character. The whole world is better for his example:

## Mlle. CHAPTAL ELECTED PRESIDENT, INTERNATIONAL COUNCIL OF NURSES.

Mlle. Chaptal, President of the National Association of Trained Nurses of France, and Chevalier of the Legion of Honour of France, has been elected President of the International Council of Nurses, at Montreal.

The next meeting of the International Council will be held in Paris in 1933.

## OUR PRIZE COMPETITION.

**IN NURSING A CASE OF NEPHRITIS, WHAT ARE THE SYMPTOMS FOR WHICH YOU WOULD LOOK, WHAT ARE THE CHIEF COMPLICATIONS, AND WHAT SHOULD BE DONE IN EACH INSTANCE?**

We have pleasure in awarding the prize this month to Miss Amy Phipps, S.R.N., F.B.C.N., Longmartin, Ashford, Middlesex.

### PRIZE PAPER.

The symptoms and complications present in nephritis will vary somewhat, according to (1) Whether the condition occurs as a primary illness, or secondary to some other disease, such as one of the specific fevers. (2) The type of the disease present.

It is usual to classify nephritis as (a) Acute, (b) Sub-acute, (c) Chronic.

The symptoms met with in most cases will include the following:—

(a) *The acute form.*—Vomiting, pain in the back, some rise of temperature, full and comparatively slow pulse, headache and dizziness, frequently accompanied with optic disturbance. There is dropsy, varying in degree from slight puffiness of the face to an accumulation of fluid sufficient to distend the whole body and to interfere with the respiration, which may become severely laboured.

The urine is greatly diminished in quantity, is dark in colour, and may be smoky or red, through the presence of blood. Upon chemical examination it is seen to contain albumen, often in very large amounts, and upon microscopic examination may be found to contain blood corpuscles, with hyaline and epithelial casts in varying degree. There is considerable prostration, due to the loss to the body of albumen, which instead of being absorbed, is secreted in the urine.

The complications, for the earliest symptoms of which a vigilant watch should be kept, that they may be treated without delay, include:—

(1) Any increased urgency in the nature of the symptoms already present, especially in the amount of urine passed, which will be carefully measured; also any marked increase in the amount of albumen present and of other abnormal constituents.

(2) Symptoms suggesting the onset of uræmia, such as muscular twitchings, however slight, sudden rise of the temperature and pulse rate, severe headache, convulsions, suppression of urine, vomiting, and later coma, often with "Cheyne Stokes" breathing, and severe interference with sight.

This set of symptoms is due to the poisonous effect upon the nervous system of absorption of urine into the blood stream.

(3) Interference with the work of the heart and lungs, due to excessive dropsy.

(4) Permanent injury to the secreting tissues of the kidneys and epithelial cells of the tubules, with extreme degeneration of the blood vessels, resulting in one or other of the many forms of chronic nephritis.

(5) Bedsores, which are apt to form at all pressure points, owing to the unhealthy state of the skin and tissues due to dropsy.

(b) *The sub-acute form.*—This form frequently follows the acute form, the patient not being entirely recovered

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